

# Self-defense and gun safety clinics open to everyone

Call Matt for details 478-304-2749

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April 14, 2018 Saturday

At Family Martial Arts, 1825 Watson Blvd. Warner Robins, GA

9AM - Noon      Cost \$15 (discounts for multiple family members or classes)

## Weapons defense/disarm clinic

No martial arts experience needed

**Attire:** No shoes on the training floor. No socks because you need traction.

**What to bring:** all equipment is provided.

- Learn simple methods to defend against attacks from guns, knives and impact weapons.
- If you carry a gun for protection, you may need to use these techniques before you can get to your own gun. You can't out draw on a drawn gun.
- Bonus: Skills for subduing someone on an airplane.

1PM - 5PM      Cost \$15 (discounts for multiple family members or classes)

## Concealed carry seminar

This is a family-oriented class. Everyone has a part in protecting the family.

Children 8 years or older will benefit from this class.

**Attire:** Pants with belt. No shoes on the training floor. Socks are okay.

- Learn to use weapons you always have with you. It doesn't have to be a gun.
- Learn when you can legally use deadly force and lesser force.
- Learn ways of concealing and how to draw from concealment.
- Learn what you can do in an active shooter situation if you don't have a gun.
- Understand the process needed to prepare for the use of force and the aftermath.

**SAFETY NOTE**      Safe practice weapons are provided.

If you want to use your own gun, then you need to add a safety device so that it cannot feed ammunition. You will need to buy something. So, prepare early.

Watch my YouTube video "Training Barrels for Safe Practice" length = 3:04

UUJman channel Link: <https://www.youtube.com/watch?v=OudhIDkFQhY&t=17s>

## **Self-defense and gun safety clinics open to everyone**

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**April 28, 2018 Saturday**

At Middle Georgia Gun Owners Association - Twin Oaks Range

Located at: 1609 Greg Couey Road, Dublin GA

10AM - 2PM     \$25 (this can be applied to a membership)

### **Gun Safety and Range Orientation for Beginners**

It includes 2 hours of classroom and a 2 hour session of shooting.

Schedule:

#### **1. Gun Orientation in Club House**

Leave your gun in your vehicle until told to get it.

We will cover

Firearms safety

How to operate your gun

Shooting techniques

#### **2. Shooting the pistol on the range (Handgun and shotgun)**

Target is provided, ammo is not.

#### **What to bring:**

EYE AND EAR PROTECTION. Sunglasses or prescription glasses will be fine.

At least 50 rounds of ammo for your handgun.

If you want to use a shotgun then bring it and at least 10 shells.

12ga. or 20ga. Birdshot suggested.

Water and snacks

**Attire:** Shoes (not flip flops), no loose tops. Hot brass hurts.

A Range Safety Orientation walk-around is needed to join the club.