# Personal and Family Self-defense Seminars

Empower your whole family by learning what to do in different situations

The 2017 Personal and Family Self-defense Seminars include four courses. There is a Concealed Carry course, two different Home Invasion Home Defense courses and a Weapons Disarming course. This is family friendly training. Kids from 8 years and up can benefit.

Each course is 3 to 4 hours long and is based around the following guiding principle: Stay alive and out of prison

Location:

Family Martial Arts (behind Chick-Fil-A) 1825 Watson Blvd, Warner Robins GA 31093

Cost:

\$15 for the first family member or daily course \$10 for each other family member or course

What to bring: Bring your spouse and children Training weapons are provided No live ammo allowed in the room

The trainer is **Matt Walker** 478-304-2749 President of Middle Georgia Gun Owners Association 7<sup>th</sup> degree black belt in Ju-jitsu, 5<sup>th</sup> in Judo, 2<sup>nd</sup> in TKD Concealed carrier since 1992

#### Weapon Disarming and Control (Age limit 12 and up) August 12, 9 to Noon

Why should I learn disarming techniques? I'm not going to jump in and be the hero? These are good questions. There are two good answers. First, you will rarely see your attacker coming at you brandishing his knife from 50 yards away. What is more likely to happen is he will grab you and then you feel a sharp pain before you even knew he was a threat. Secondly, if someone is robbing a store at gunpoint, in most cases you should let it happen. This is the safest thing to do for everyone's sake. But what if the bad guy is stabbing your husband.

Sometimes you will need to neutralize or take away your attacker's weapon before you can safely deploy your own weapon. If someone starts stabbing you and you decide to go for your gun, they can easily stab you 4 more times before you can shoot them.

## **Concealed Carry for the Family**

Even if only one person in the family carries a weapon every member should be trained to know what to expect. Besides, most adults have at least two weapons on them when out in public and don't realize it. This course takes you through the process needed to prepare for being attacked and the aftermath. Learn when you can use deadly force outside the home.

## Home Invasion Planning for Kids and Parents (1) October 21, 8 to Noon

Owning a gun to protect your home is not enough. Expecting to know what to do at the time you need it is gambling with your family's life. Learn the four threat levels and how each one needs a different response.

Some of the topics are: What does the law say about defending your home. How to arm everyone in the house and how to use handguns, knives and other weapons. How to move through the house, in the safest way, if you suspect trouble based on the threat level.

#### Protecting your Home and Family (2)

This course differs from the other home defense course in two ways. First, you will learn how to work as a team. This is important if you, as parents, decide to go rescue the children. The second difference is the addition of rifles and shotguns. Is a long gun right for your defense plan?

Besides covering some more of the law, you will learn how to setup and defend your safe room and the proper way to use lasers and flashlights.

#### August 12, 1 to 5pm

#### October 21, 1 to 5pm

# Non-shooting gun based self-defense courses - Safety

No live ammunition is allowed in the room.

Training guns will be available.

All real guns will be made safe and unable to feed ammunition.

Rifles and shotguns can be used in the Home Defense 2 course. Contact me for instructions if you want to use your long gun.

If you want to use your own pistol or revolver in the classes, it must be made safe in one of the following ways.

- 1. A semi-auto pistol should have a training barrel from Blade-Tech. This is preferred because the yellow barrel can be seen at the ejection port and at the muzzle.
- 2. A semi-auto pistol should have a barrel insert from Train Safe. This insert will fit all guns. See the selection chart below and choose by caliber and length.
- 3. Revolvers need each chamber in the cylinder blocked with foam ear plugs. The foam ear plugs are available at sporting goods stores.

Note: Chamber flags are not allowed.

Go to YouTube and look for the video "Training barrels for safe practice" on the UUJman channel.

Purchasing Option 1

Website is www.blade-tech.com Search for "training barrel"

Check out the Revolution Combo Pack that includes a holster, mag pouch and training barrel for \$59.99. This is what I use.

 Blade Tech training barrel only \$13.99
 These are gun specific replaceable barrels

 1911 Full size, Commander, and Officer
 FNX 45, FNX/FNS 9/40

 Glock 17/22/31, 19/23/32, 20/21 and 26/27/33
 M&P 9/40

 SIG 220/226, 228/229
 XD 4", 5"

Blade Tech training bolt \$19.99 AR-15

Fits any .223/.556 AR rifle

Purchasing Option 2

Website is www.l	etargets.com	Search for '	'chamber"	Phone 800-779-0182
Train Safe Pistol Barrel Insert model number chart				\$5 each
	3.75"	4.25"	4.75"	5.25"
9mm or .357 SIG	TS-1	TS-2	TS-3	TS-4
.40 S&W	TS-5	TS-6	TS-7	TS-8
.45 ACP	TS-9	TS-10	TS-11	TS-12

The insert should stick out about ¼" from the end of the barrel For a .380 ACP buy the 9mm and sand the bottom until it fits.